

Themes
Include

1. Self Awareness
2. Triggers & Coping
3. Social Skills
4. Time Management

Please join us for

Crossroads Back to School Group

For more information contact:
[Meghan Toler, LCPC](#) or
[Brad Bernstein, LCPC](#) or
call 410-964-0425

For more
information
and to sign
up please

[CLICK HERE](#)

Or contact
the hosts

Meeting In Person

Open to incoming
High School students

Session will meet
in-person from

7pm-8pm

Thursdays
Sept 2 - Oct 14